

Ministry of Environment, Forestry and Tourism







BirdLife South Africa

Lead Advocacy Workshop for the Conservation of Southern African Vultures

27th and 28th February 2024 (Windhoek, Namibia)

The Impact of lead contamination in the vicinity of a lead-zinc mine in Kabwe, Zambia: a One Health approach

<u>Yabe John</u> Team Leader -University of Namibia, University of Zambia (KAMPAI - G2 Team Leader) jyabe@unam.na; john.yabe@unza.zm_

<u>Nakayama S, Yohannes YB, Nakata H, Toyomaki H, Muzandu K, Kataba A, Zyambo G, Moonga G,</u> <u>Munyinda NS, Mufune T, Liazambi A, Chawinga K, Sakala D, Ikenaka Y, Choongo K, Ishizuka M</u>

Profile – John YABE

PERSONAL INFORMATION

John Yabe (PhD)

Present Position:Senior Lecturer, University of NamibiaResearch Publications:59 (Peer Reviewed)World Expert on Lead - Top 0.05%

Google Scholar H-index: 20

Name:

ACADEMIC QUALIFICATIONS

- 1. **2012: PhD;** (Veterinary Pathology Toxicological Pathology): Hokkaido University, Laboratory of Comparative Pathology, Graduate School of Veterinary Medicine, Japan
- 2. 2007: MSc; (Veterinary Pathology): University of Zambia, Lusaka, Zambia
- 3. 2003: BVM; University of Zambia, Lusaka, Zambia





Lead Toxicity – Brief General Overview

Lead Toxicity

- Lead (Pb) is a soft, silvery white or gray-black metal.
- It is malleable, ductile, and dense and is a poor conductor of electricity.
- It is **ubiquitous** in the environment
- It has no known biological role in humans or animals
- Serious problem in developing countries (extractive industries)
- Anthropogenic activities are the main sources of exposure

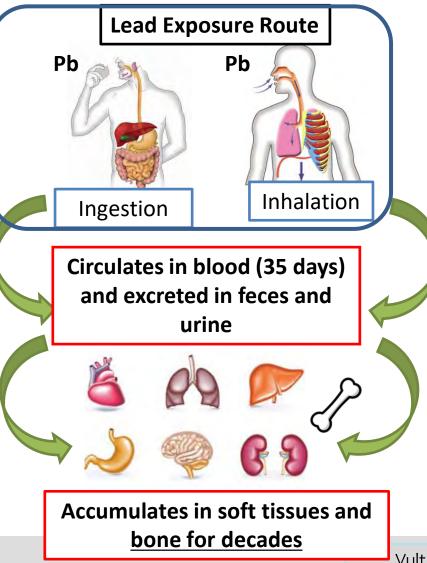




Toxicokinetics of lead: Absorption, Distribution, Metabolism, and Excretion

Lead Toxicity

- Pb has a half-life of 35 days in the blood
 - Disseminated to various organs.
 - It accumulates in bones for decades.
- Negatively impacts pregnancy outcomes of mothers.
- Trans-placental exposure effects include:
 - preterm labour, abortions, stillbirth, low birth weight.
- Fatal cases of Pb toxicity have been reported in humans.





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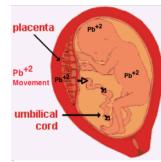


Most at risk

Toxic Effects of Lead



Pregnant women



Developing fetus

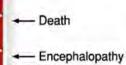


Children

the way

lead





- Nephropathy
 Frank Anemia
- Colic

50 -

40 -

30 -

20 -

3

uq/d

- Decreased hemoglobin synthesis
- Increased vitamin D metabolism Increased risk of hypertension in adulthood
- Increased nerve conduction velocity
- Increased level of erythrocyte protoporphyrin
- Decreased vitamin D metabolism
 Decreased calcium homeostasis
- Developmental toxicity
 Delayed puberty
 Decreased growth & hearing
- Developmental toxicity
 Decreased IQ levels & academic abilities
 Attention-related behaviors
 Anti-social behaviors

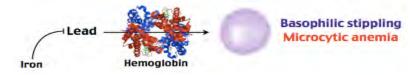
Current CDC reference level = 3.5µg/dL

X Neurological and Developmental Effects

• Affect the brain by multiple mechanisms

- Act as a surrogate for calcium and/or disrupt calcium homeostasis
- A 2- to 4-point IQ deficit for each µg/dL increase in BLL

- **#** Hematologic Effects
- Affect HEME synthesis by inhibition of ALAD activity



- & Renal and hepato-Toxicity
- Cause lead nephrotoxicity which lead to renal failure
- Often damage is not detected until it's too late



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Pb poisoning incidences in Africa...

Dakar, Senegal

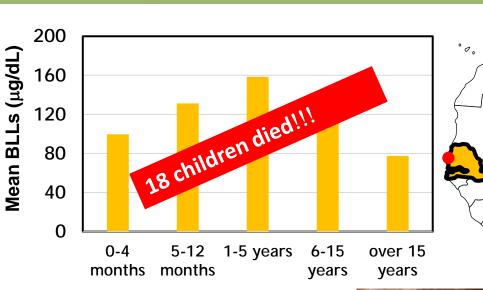
Mass Lead Intoxication from Used Lead-Acid Battery Recycling in Dakar, Senegal

EHP volume 117 (10), 2009



Massive Childhood Lead Poisoning

The Price of Nigerian Gold Childhood lead poisoning on a scale unheard of for decades has been detected in rural northwestern Nigeria [*EHP* 120(4):601–607;







Going for GOLD, but poisoned by LEAD 2010: approximately 400 children died 2015: 27 children died



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KAMPAI Project Summary and ZA.ZINAMBO Project Plans⁶









Kabwe 😕 Capital of Zambia's Central Province > 230,000 population size

Long history of Pb-Zn mining; from 1902 to 1994

Kabwe town is known as:



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	n culture			-	environment	tech	travel				≡ browse		
ion clim	ate change	wildlife	energy										
The w legacy					n: the te ies	erril	ole						
Almost a ce children in					isoned generat	tions o	f						
The heav	y legacy of	lead in the	world's m	ost toxic	town - in pictu	res							

2007

POST ON: February 12, 2015





www.worstpolluted.org/projects

Top 10

Most Polluted Places



Exposure factors in the vicinity of the mine in Kabwe⁸

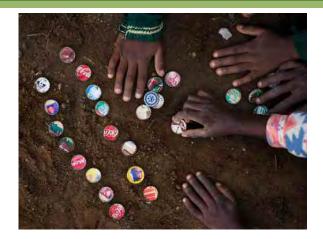


Scavenging for lead on tailings dump



Houses less than 500m away from tailings dump





Children playing on lead contaminated soils



Women and children crushing stones to sell as gravel

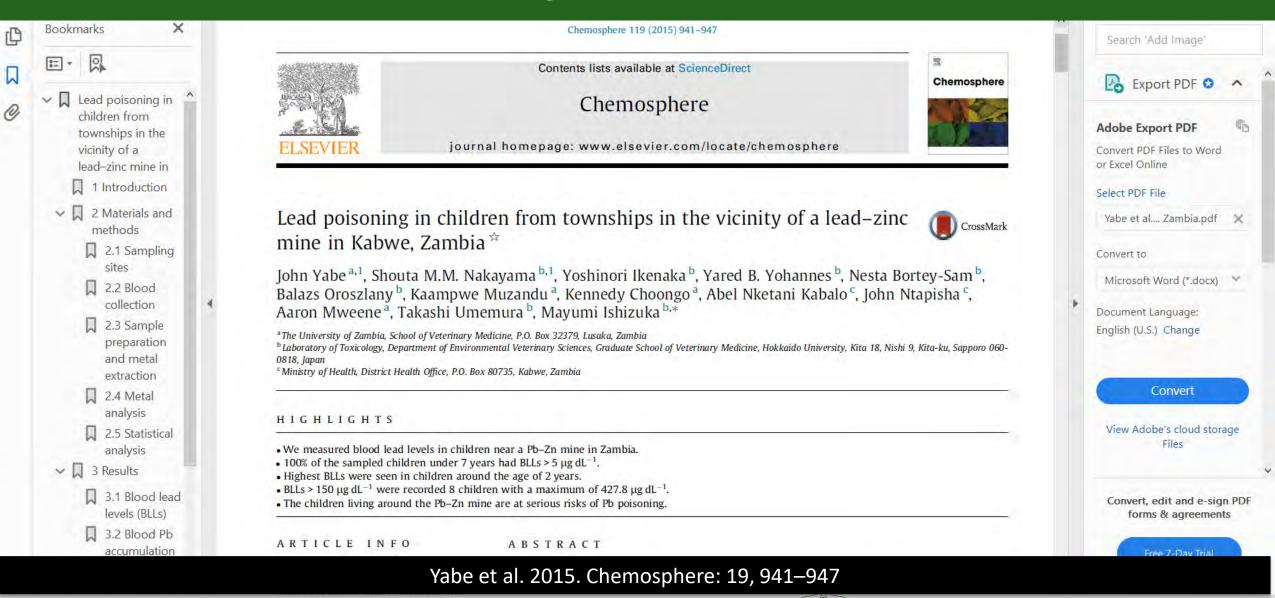




Lead contaminated central canal – annual flooding

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Pre-KAMPAI: lead poisoning in children (first human report)



KAMPAI Project 2016 - 2022: Output Two Objectives10

- Human health risk assessment and socioeconomic impact of lead pollution in Kabwe
 - Household blood Pb concentration variations
 - Childhood Pb exposure through breast milk
 - Pb metabolism (urine and feces) in infants/children
 - ***** Assessing **biomarkers** of exposure and effect
 - Cognitive assessment IQ analysis

ZMERIP (Treatment)

- * Assessing effects of Pb on Quality of Life
- Neurodevelopmental impact assessment of Pb exposure in children
- Socio-economical impact assessment of Pb pollution



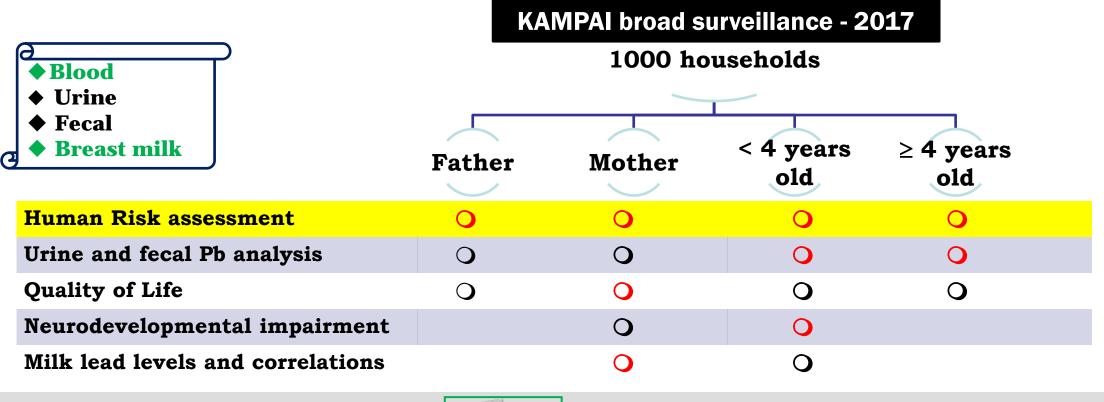
Remediation

PURE



Current trends of blood lead levels in Kabwe, Zambia

- Measured lead contamination among household members in Kabwe communities to characterize the town's burden of disease.
- His in turn would help define interventions to mitigate Pb exposure and alleviate adverse health outcomes.



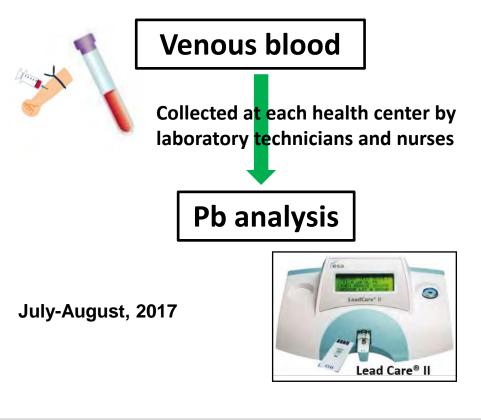


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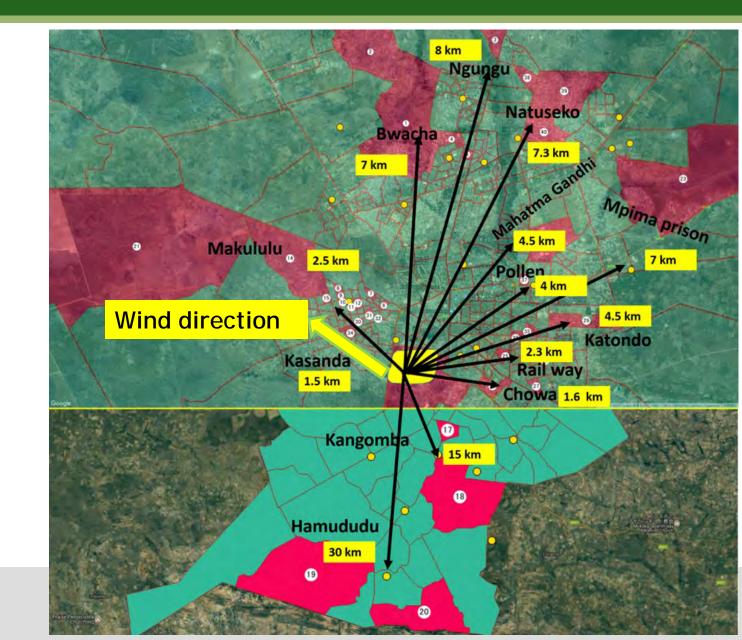
Study sites

Blood samples were collected from:

- ✤ 40 Standard Enumeration Areas (SEAs)
- ✤ 13 clinics
- ♦ About 1250 participants

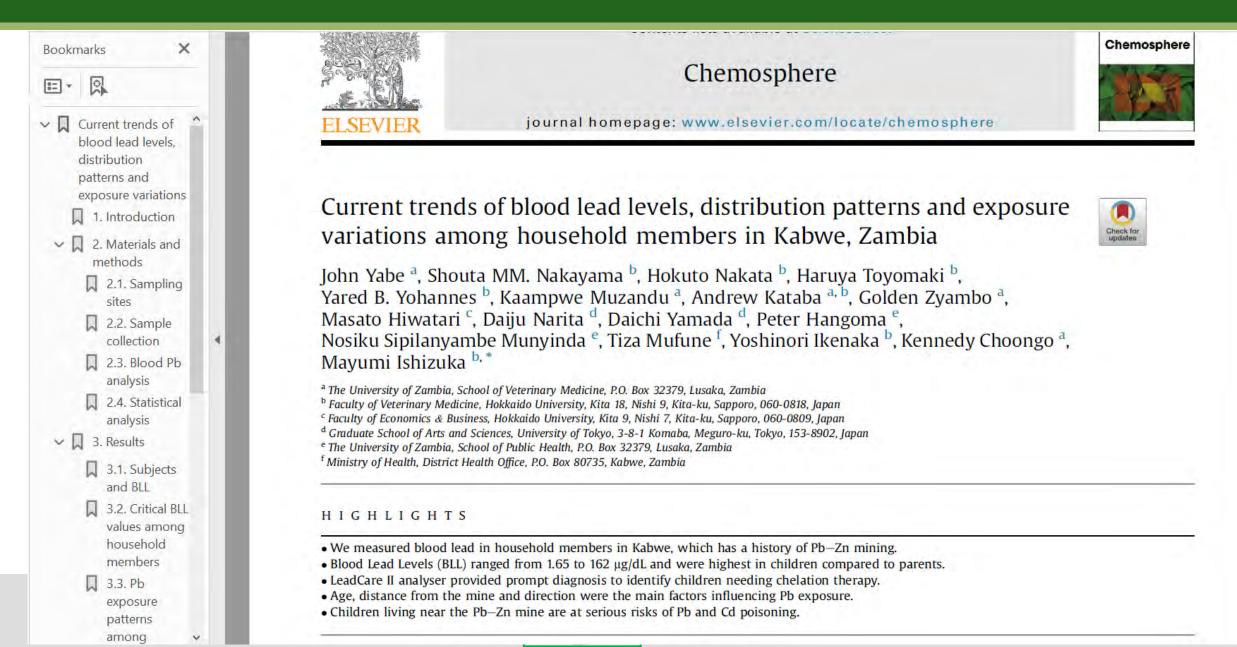


Ethical clearance by UNZABREC & MOH
 Written informed consent obtained from parents

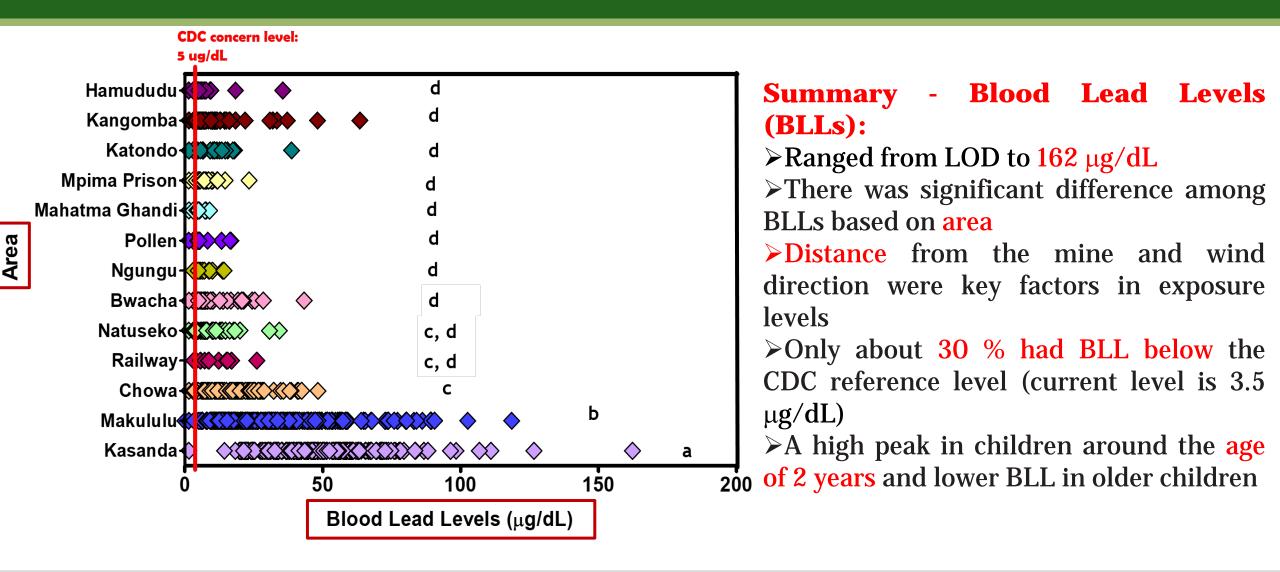


Current trends of blood lead levels in Kabwe, Zambia



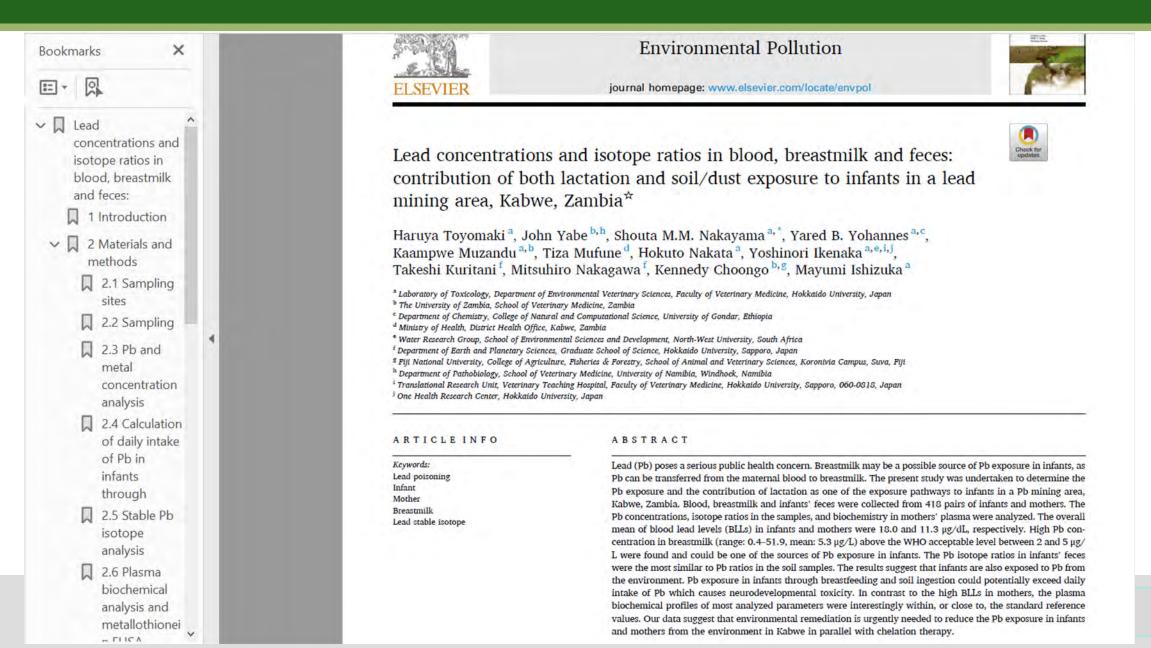


Current trends of blood lead levels in Kabwe, Zambia



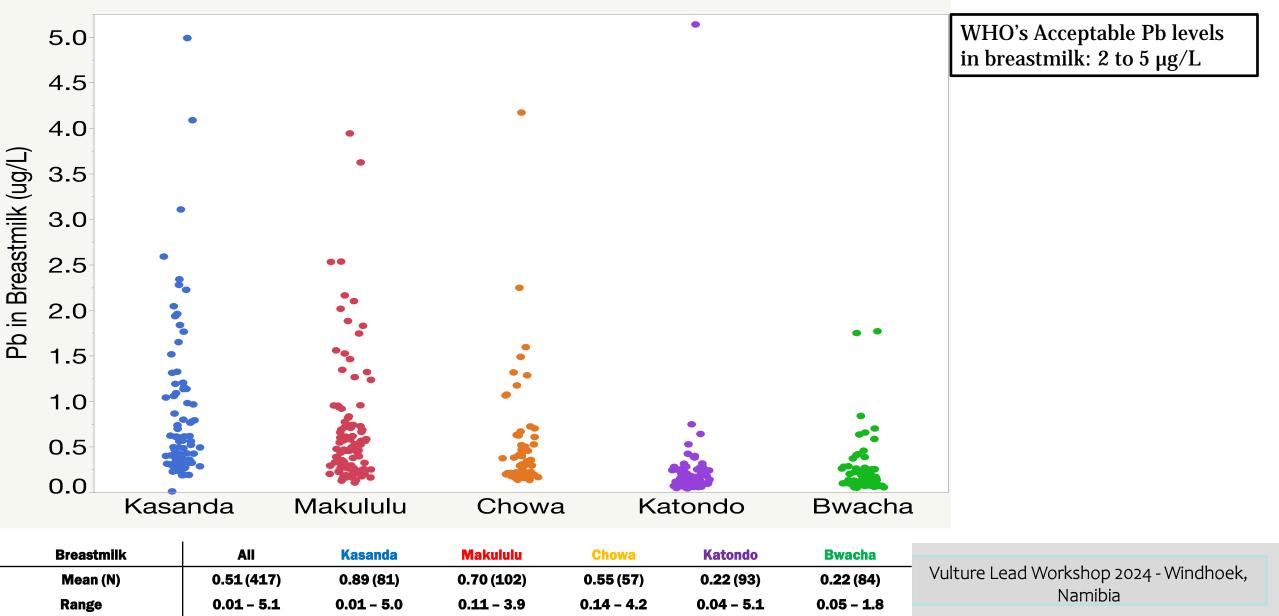


Assessing BLLs in Mothers, Infants, breast milk and isotope ratios 15



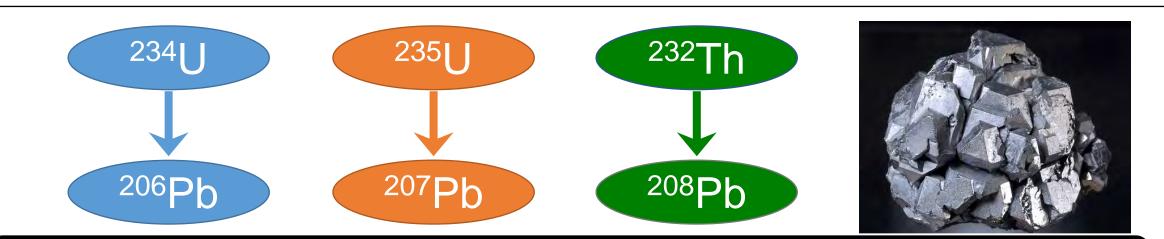
Pb Levels in Breast milk Samples – below acceptable limits





Background: Source identification by Pb isotope ratio analysis 17

- Lead has four stable, naturally occurring isotopes (Pb-Irs): ²⁰⁴Pb (1.4%), ²⁰⁶Pb (24.1%), ²⁰⁷Pb (22.1%) and ²⁰⁸Pb (52.4%).
- Pb isotope ratios; ²⁰⁷Pb/²⁰⁶Pb, ²⁰⁸Pb/²⁰⁶Pb) are not affected to a measurable extent by physico-chemical fractionation processes.
- Pb-IRs are different depending on Pb source
 → Natural tracer of Pb



Similar isotope ratio value → Same Pb source

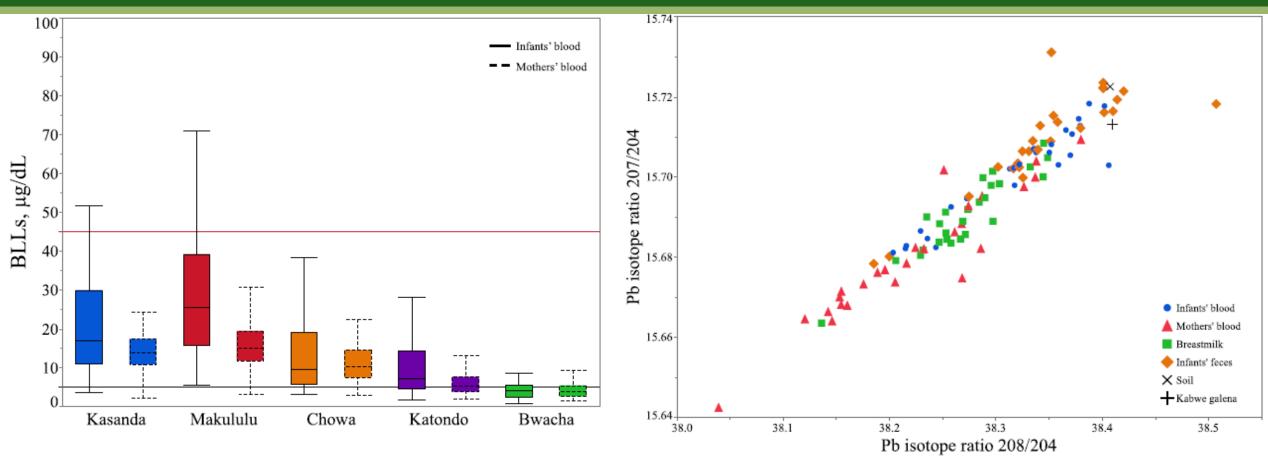
Stable Pb isotope ratios and biomarkers

Stable Pb isotope ratios

- > Multi Collector MC-ICPMS
- > To clarify source of exposure



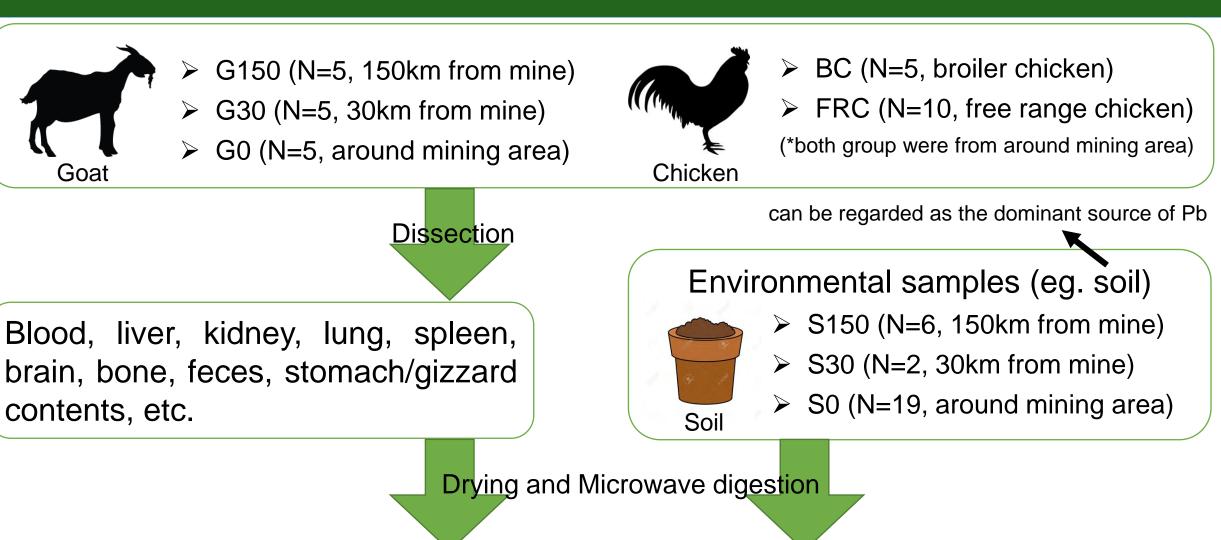
BLLs in Mothers and Infants and Isotope Ratio Analysis 19



- BLLs in infants were higher than mothers
- A positive correlation between <u>BLLs of paired Mothers and Infants</u> (p < 0.01, $\rho = 0.6$)
- Pb isotope ratio analysis showed similar trends for infants blood, feces, soil and Kabwe galena
- Pb isotope ratios for mothers' blood and milk were different from the galena and soil but similar to infants blood

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Sentinel animal for tracing Pb sources using Pb-IRs analysis 20



Analysis of Pb level and Pb-IRs using ICP-MS

Goat

Sentinel animal for tracing Pb sources using Pb-IRs analysis 21

 Reliability of stable Pb isotopes to identify Pb sources and verifying biological fractionation of Pb isotopes in goats and

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1. Introduction

 2. Materials and methods

> 2.1. Sampling of animals and environmental samples

2.2. Sample preparation and analysis of element concentrations

2.3. Analysis of Pb-IRs

2.4. Statistical analysis

▼ 3. Results

3.1. Element concentrations in

Highlights

- Presence of Pb isotope fractionation in goat and chicken was studied.
- The variation of Pb-IRs in goat decreased with an increase in Pb-B.
- Chickens did not show a clear relationship for Pb-IRs against Pb-B.
- The biological fractionation of Pb isotopes should not occur in chickens but in goats.
- Threshold for triggering biological fractionation is at $5\mu\text{g}/\text{dL}$ of Pb-B in goats.



Reliability of stable Pb isotopes to identify Pb sources and verifying biological fractionation of Pb isotopes in goats and chickens



Hokuto Nakata ^{a, 1}, Shouta M.M. Nakayama ^{a, 1}, John Yabe ^b, Allan Liazambi ^c, Hazuki Mizukawa ^d, Wageh Sobhy Darwish ^{a, e}, Yoshinori Ikenaka ^{a, f}, Mayumi Ishizuka ^{a, *}

^a Laboratory of Toxicology, Department of Environmental Veterinary Sciences, Graduate School of Veterinary Medicine, Hokkaido University, Kita 18 Nishi 9, Kita-ku, Sapporo 060-0818, Japan

^b The University of Zambia, School of Veterinary Medicine, P.O. Box 32379, Lusaka, Zambia

^c Central Province Veterinary Office, Kabwe, Zambia

^d Department of Environmental Veterinary Sciences, Graduate School of Veterinary Medicine, Hokkaido University, Kita 18 Nishi 9, Kita-ku, Sapporo 060-0818, Japan

^e Food Control Department, Faculty of Veterinary Medicine, Zagazig University, Zagazig, Egypt

¹ Water Research Group, School of Environmental Sciences and Development, North-West University, South Africa

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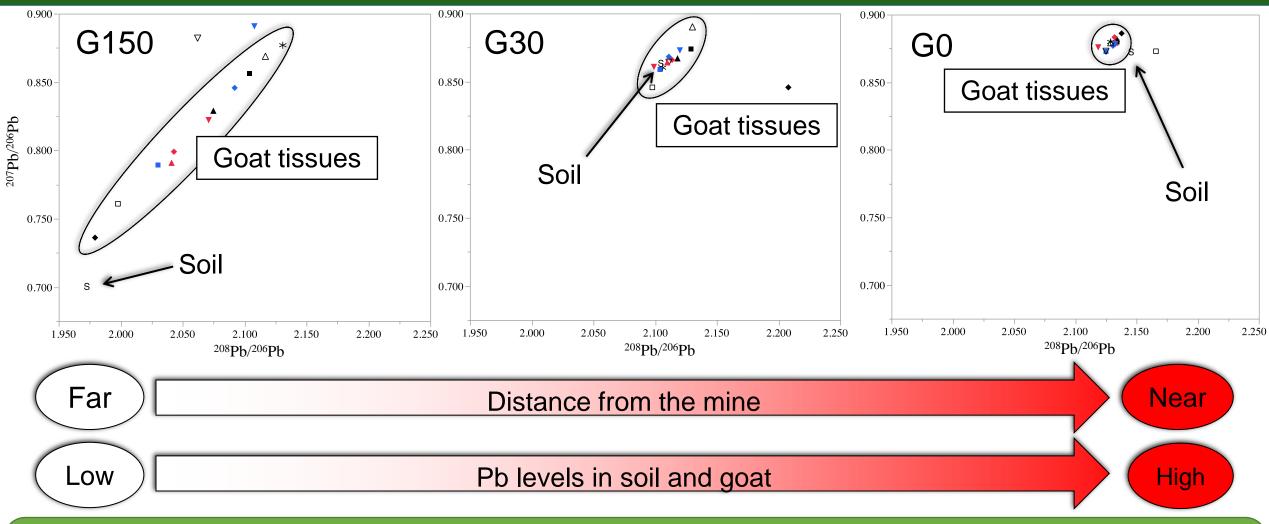
Keywords: Biological fractionation Chicken Coat

ABSTRACT

Stable Pb isotope ratios (Pb-IRs) have been recognized as an efficient tool for identifying sources. This study carried out at Kabwe mining area, Zambia, to elucidate the presence or absence of Pb isotope fractionation in goat and chicken, to evaluate the reliability of identifying Pb pollution sources via analysis of Pb-IRs, and to assess whether a threshold for blood Pb levels (Pb-B) for biological fractionation was present. The variation of Pb-IRs in goat decreased with an increase in Pb-B and were fixed at certain values close to those of the dominant source of Pb exposure at Pb-B > 5 μ g/dL. However, chickens did not show a clear relationship for Pb-IRs against Pb-B, or a fractionation threshold. Given these, the biological fractionation of Pb isotopes should not occur in chickens but in goats, and the threshold for triggering biological fractionation is at around 5 μ g/dL of Pb-B in goats.

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Pb-IRs in goat samples to determine source of exposure





1. The values of Pb-IRs in goat with high Pb level reflected those in soil (similar isotopic fingerprints revealed pollution source)

Assessing the Clinical Impact of Pb Exposure in Kabwe Residents 23

Objectives of the study

- The study analyzed various hepatic and renal function parameters.
- This was the first study to analyze the widespread association of exposure to Pb and other metals with clinical parameters in humans in Africa.
- The aim was to establish the health impact of Pb poisoning in Kabwe and to facilitate the implementation of possible countermeasures.

4	Human plasma samples were used							
	for blood biochemical analysis at UNZA							

- Lactate dehydrogenase (LDH) : High
- γ-Glutamine transferase (GGT): High
- Alkaline phosphatase (ALP): High

Preliminary findings:

Azotemia – Hepatic disorder?

• Total protein (TP): Low

Hepatic disorder? Renal disorder?

% of tested clients	<standard value</standard 	Within standard	>standard value 24
T-bil (mg/dL)	6.3	92.3	1.4
AST (IU/L)	0.0	97.0	3.0
ALT (IU/L)	0.0	99.8	0.2
LDH (IU/L)	1.0	62.9	36.1
GGT (IU/L)	0.0	58.3	41.7
ALP (IU/L)	0.0	46.6	53.4
T-pro (g/dL)	36.9	49.6	13.5
Alb (g/dL)	42.7	54.0	3.4
BUN (mg/dL)	21.2	77.8	1.0
UA (mg/dL)	14.9	69.6	15.5
Cre (mg/dL)	14.1	51.8	34.1
	and the barrier		and a set of the set o

* 504 clients randomly selected with the age range from 0 to 86 years (out of 1250 participants tested in 2017: %)

metal extraction

2.4. Metal

analysis

2.5. Blood

biochemical analysis

2.6. δ-ALAD

HIGHLIGHTS

- Cross-sectional study with representative 504 residents in closed mine site.
- Significant elevation of blood lead and cadmium levels at areas near mine.
- Increase of hepatic and renal parameters in 20-50% of target adult population.
- \bullet Inhibition of $\delta\text{-}aminolevulinic$ acid dehydratase activity due to Pb exposure.
- Negative association between Cd level and estimated glomerular filtration rate.

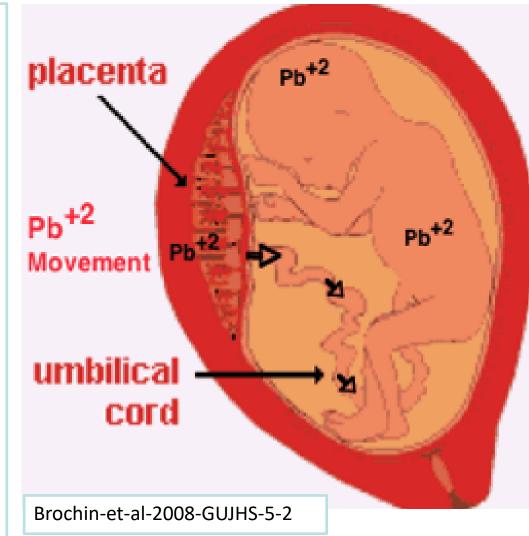
Assessing the Impact of Pb Exposure and Maternal Characteristics on 25 Neurodevelopmental (ND) Outcomes in Children

Background

- Trans-placental transfer of Pb is well known
 ➤ through syncytiotrophoblast.
- Increased mobilization of Pb from bones (endogenous source)

➢ Pregnancy, lactation and calcium deficiency

- Pb transfer peaks at 12-14 weeks gestation
 Fetal production of 1,25-dihydroxyvitamin
 D
- Pre- and perinatal exposure results in higher brain Pb levels than postnatal exposure.
 ➤Under-developed blood-brain barrier in early life.

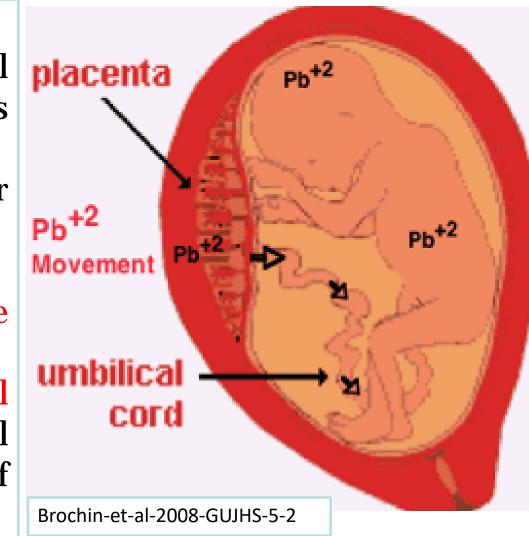


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Assessing the Impact of Pb Exposure and Maternal Characteristics on Neurodevelopmental (ND) Outcomes in Children

Background

- Exposure to Pb during prenatal and postnatal development can cause serious neurocognitive damage.
- Social environmental factors alter susceptibility to the cognitive effects of Pb.
 Objectives
- Assess the impact of childhood Pb exposure on neurodevelopmental outcomes.
- Assess the influence of maternal characteristics on neurodevelopmental outcomes in selected exposed communities of Kabwe, Zambia



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Assessing the Impact of Pb Exposure and Maternal Characteristics on 27 Neurodevelopmental (ND) Outcomes in Children

Areas on ASQ3

The ASQ[®]-3 screens five key areas of development in young children to create a well-rounded snapshot of the child's skills and abilities. This handout lists the areas of development and briefly explains each.

Communication

Assesses language, both what a child understands and how they follow directions (receptive) and how they vocalize, use words, and start to make sentences (expressive).

Gross Motor

Assesses large muscle (body, arms, and legs) movement and coordination.

Fine Motor

Assesses eye/hand and hand/ finger movements and coordination, pre-writing skills.

Problem Solving

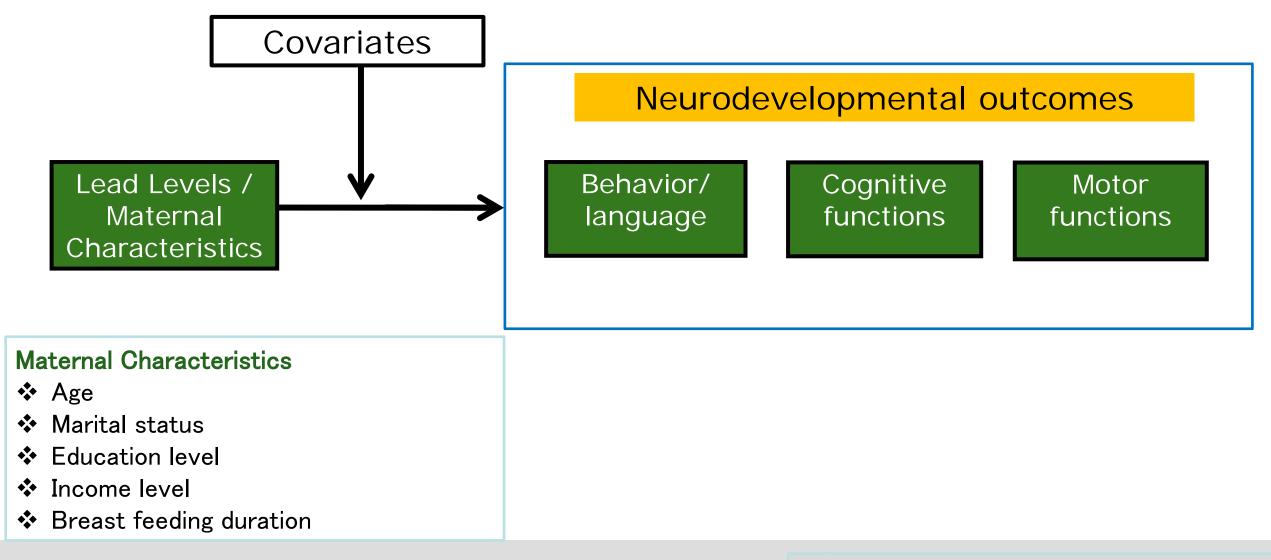
Assesses skills of thinking and learning, how child solves problems, pre-academic skills.

Personal-Social

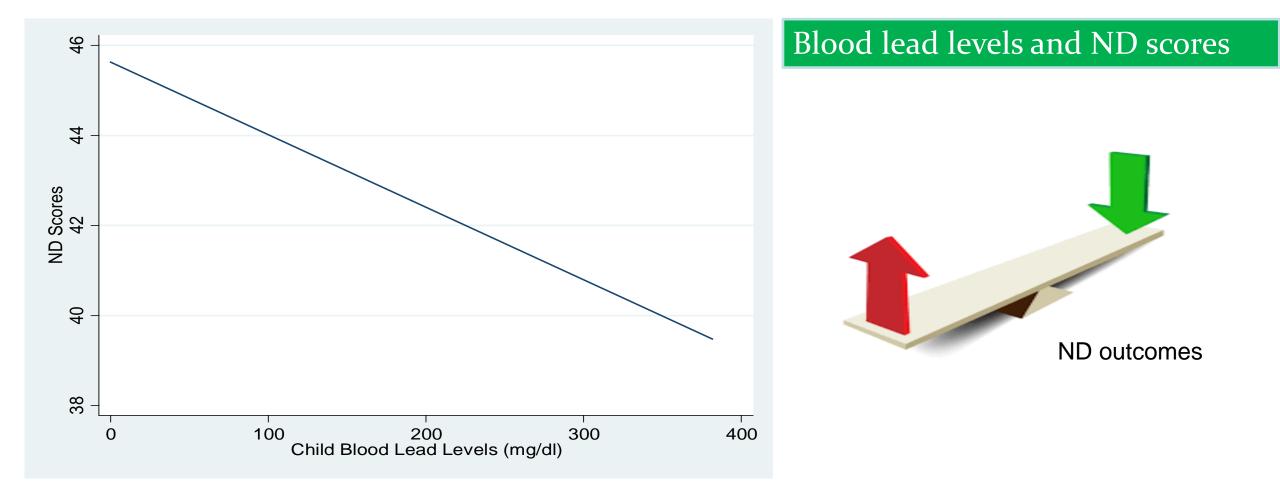
Assesses **self-help** skills (e.g., feeding, dressing, toileting) and **social interactions** with others.



Assessing the Impact of Pb Exposure and Maternal Characteristics on 28 Neurodevelopmental (ND) Outcomes in Children



Impact of Pb Exposure on ND Outcomes in Children

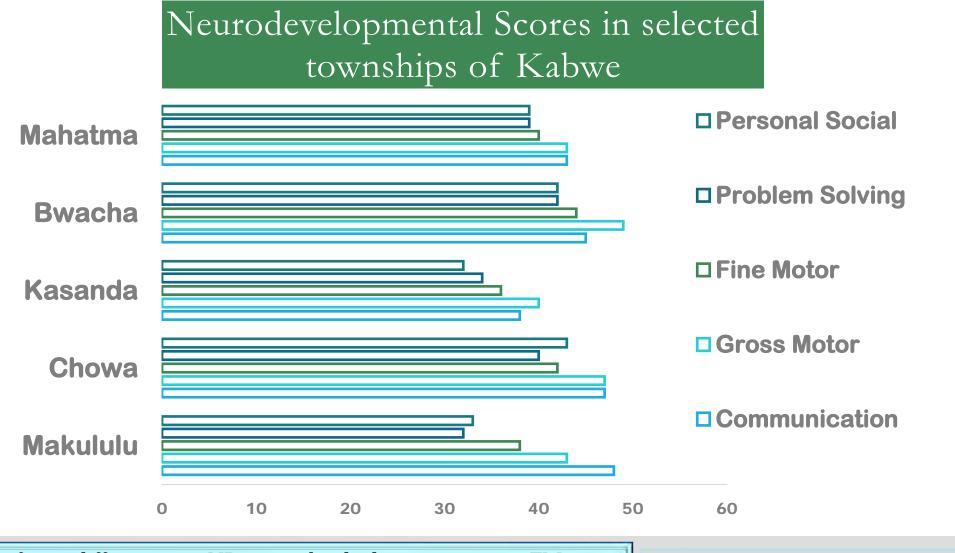


There was a negative correlation between BLLs and ND scores

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Impact of Pb Exposure (Locations) on ND Outcomes in Children 30



There were significant differences in ND scores by the location.*except FM domain*

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Conclusions, Recommendations and Work in Progress

Take-home message

- > Blood lead levels in communities near the Pb mine in Kabwe are alarming
- > Lead in levels in human breast milk are generally low
- **Free range chickens** could be an important **source** of Pb in Kabwe
- > Children in Kabwe are mainly exposed to Pb through their mother's blood and from the soil
- > Pb toxicity in Kabwe affects liver, kidney, hematopoietic system
- Dogs in Kabwe can be used as sentinel animals for Pb biomonitoring
- Hot spots that require urgent remediation are Kasanda, Mutwewansofu and Makululu

World Bank funded project (ZMERIP) collaboration

- > Treatment of the target children with BLL above 45 μ g/dl is currently underway
- > Environmental remediation programs under ZMERIP are already underway

Further assessments

- Children below the age of 3 years Neurodevelopmental Impairment Assessment
- School going children above the age of >3 IQ, ADHD, etc.
- > Lead (Pb) exposure and birth outcomes in pregnant mothers (PhD student in progress)

KAMPAI Project - Remediation Options

- Developed engineering and agricultural environmental remediation approaches applicable to mining and residential areas
 - Measures to prevent the spread of lead from mine tailings to residential areas
 - Environmental remediation of residential areas already contaminated with lead
 - Prevention of exposure to lead from diet and other sources
 - Screening of the population for lead poisoning and provision of health intervention.



DOI: https://doi.org/10.5985/emcr.20220004 Environmental Monitoring and Contaminants Research Vol.2, pp.94–111, 2022 Status Report

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Interdisciplinary approach to addressing lead pollution caused by mining activity in Kabwe, The Republic of Zambia

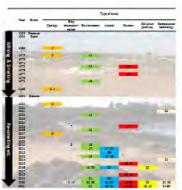
Hokuto NAKATA¹⁰, Shouta M. M. NAKAYAMA^{1,20}, John YABE^{2,30}, Kaampwe MUZANDU²⁰, Andrew KATABA^{1,20}, Yoshinori IKENAKA^{1,4,5,60} and Mayumi ISHIZUKA^{10,*}

- ¹⁾ Laboratory of Toxicology, Department of Environmental Veterinary Sciences, Faculty of Veterinary Medicine, Hokkaido University, Kita 18 Nishi 9, Kita-ku, Sapporo 060-0818, Japan
- ²⁰ School of Veterinary Medicine, The University of Zambia, P.O. Box 32379, Lusaka, 10101, Zambia
- ³⁹ School of Veterinary Medicine, University of Namibia, P/B. 13301, Windhoek, 10005, Namibia
- ⁴ Water Research Group, Unit for Environmental Sciences and Development, North-West University, Private Bag X6001, Potchefstroom 2531, South Africa
- ⁵⁹ Translational Research Unit, Veterinary Teaching Hospital, Faculty of Veterinary Medicine, Hokkaido University, Sapporo 060-0818, Japan
- ⁶ One Health Research Center, Hokkaido University, Sapporo 060-0818, Japan

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ABSTRACT

Industrial development and economic growth have made human life more convenient. However, the accompanying environmental pollution is a serious problem. The same situation that developed countries have experienced in the past is now being repeated in developing countries, especially in Asia and Africa. Although lead has long been a useful metal in supporting human life, it is highly toxic to living organisms and affects various biological functions, including the kidneys and nervous system. Lead is one of the substances symbolizing the tradeoff between industrial and economic development and environmental pollution. Kabwe in the Republic of Zambia, a town that grew out of the discovery and development of lead-zinc deposits, is now known as one of the most lead-polluted areas in the world. While Kabwe is a classic example of the trade-off described above, it is distinct from other polluted areas in that it has been the site of diverse academic research. These include geological survey of the mine, the characterization of mine werstee more former of any any and any any asymptes. human health im-











Research Plan: Assessments of Arsenic and Lead Contamination in Tsumeb and Rosh Pinah, Namibia: a Multidisciplinary and One Health Approach

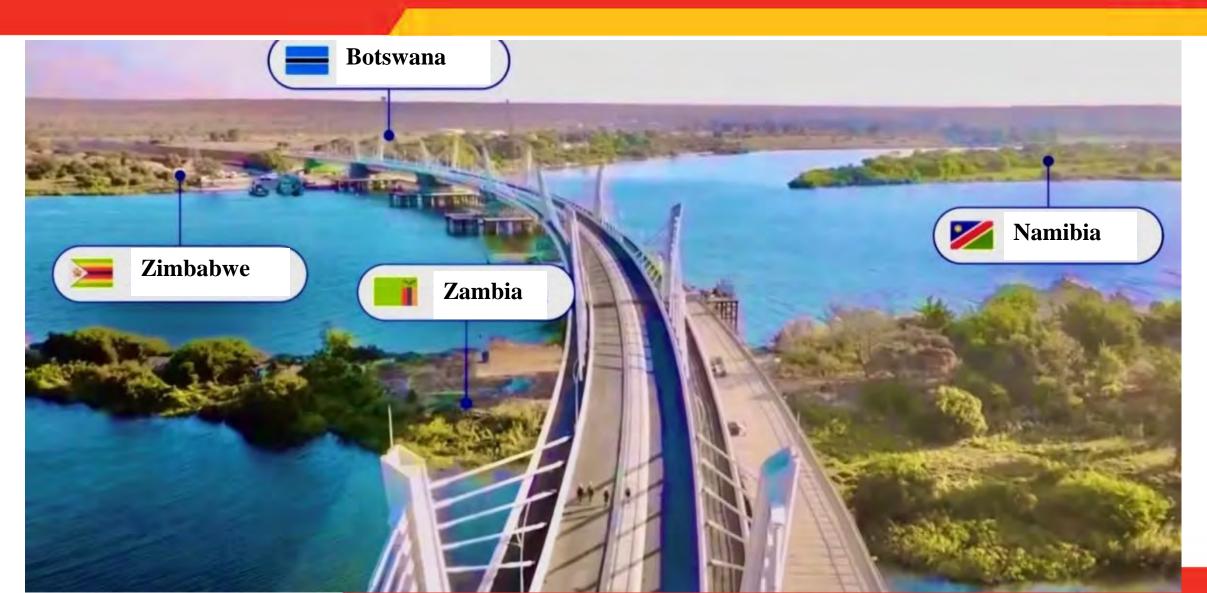
John Yabe – University of Namibia; Regional Coordinator (ZA.ZINAMBO Project) Shouta Nakayama, Yvonne Hemberger, Mark Jago, Gerhard Iiputa, Johnson Oluwagbenga, Tuyenikelao Nekwaya, Moshood Onifade, Silas Hango, Victoria Ndeshimona, Mayumi Ito, Anna Marais, Mayumi Ishizuka





ZA.ZINAMBO PROJECT (Zambia – Zimbabwe – Namibia – Botswana) + Japan





Research Site Identification – Why Tsumeb?



Location

► North-central, about 440 km, north of Windhoek

Population

>About 19,000 residents (unverified)

Mining / smelting history

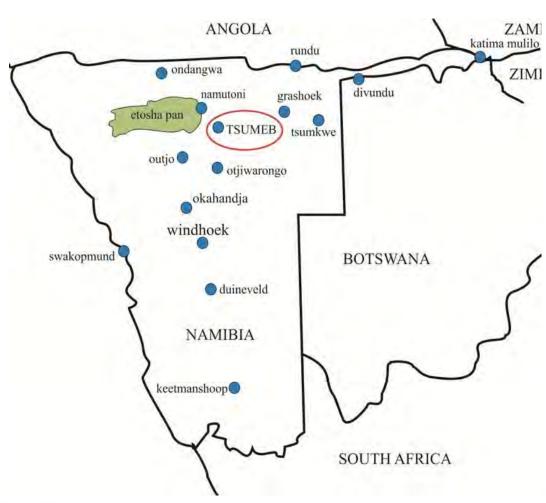
- Mining Anglo-German company (1903)
- Tsumeb smelter processes copper from Tsumeb and other mines (DPM)
- Lead and Copper (Arsenic as byproduct)

Important Agricultural Region

➢ High annual rainfalls (> 550 ml annually)

>Intensive agriculture (maize, fruits, vegetables)

> Part of the "Golden Triangle", or "Maize Triangle"



Why are we interested in Arsenic (and Lead)?

Arsenic Toxicity

👫 💟 www.unam.edu.na

- Arsenic is toxic Acute poisoning causes nausea, vomiting, abdominal pain, and diarrhea
- Chronic exposure affects the skin
 - Hyperpigmentation, hyperkeratosis e.g., in the hands and feet

Arsenic is a carcinogen - affects numerous organs

- Workers and residents in the vicinity of smelters are most vulnerable
- Lung, urinary tract and skin cancer are reported at levels in drinking water around and above 50 μg/L
- Encephalopathy and peripheral neuropathy may occur.





Does Arsenic Pollution occur in Tsumeb?



- The Namibia Custom Smelter (NCS or the Tsumeb smelter) processes complex Cu concentrates from Bulgaria and Peru
 - These are contaminated with As
- Drop in As demand produced As is stored on-site
- Environmental contamination (Pb, Cd & As) reported
- Soil contamination over 13,000 mg/kg were recorded in the vicinity of the smelter
- Plant contamination As, Pb and Cd exceeded WHO limits in marula fruits, pumpkins, chilies and tomatoes
- ✤NO scientific data for Animal and Human exposure.
- Conflicting reports of As exposure in Tsumeb



2013 – dumping (Tsumeb, Namibia

https://bankwatch.org/blog/health-reports-confirmed widespread-over-exposure-to-toxic-arsenic-at-tsumeb-smelter-innamibia

Open your mind

Arsenic Pollution in Tsumeb - Media Reports



- <u>https://bankwatch.org/blog/health-reports-confirmed-widespread-over-exposure-to-toxic-arsenic-at-tsumeb-smelter-in-namibia</u> (22 December 2015)
- <u>http://www.thevillager.com.na/articles/93/-Tsumeb-copper-miners--suffer-from-arsenic--effects/</u> (2017?)
- https://ww2.namibian.com.na/tsumeb-residents-demand-compensation-fromdundee-for-alleged-water-contamination/ (24 August 2023)
- https://www.namibian.com.na/rosh-pinah-children-suffer-chronic-lead-exposure/ (13 July 2023)
- https://www.namibian.com.na/ministry-investigates-lead-exposure-among-roshpinah-children/ (25 July 2023)

Assembled Research Team (UNAM) - One Health Concept



Regional Coordinator (ZAZINAMBO)

➢ John Yabe (Veterinary Medicine)

National Coordinator (Namibia)

Yvonne Hemberger (Public Health, Vet. Med)

School of Agriculture & Fisheries Science

➢ Soil Science, Crop Science

School of Science

Environmental Science

School of Engineering and the Built Environment

≻ Mining Engineering, Metallurgical Engineering,

School of Medicine

*****School of Allied Health Sciences

*****Government ministries

*****Other stakeholders



Open your mind

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